

**PRACTITIONER**

[REDACTED]  
[REDACTED]  
[REDACTED]

**PATIENT**

Name: [REDACTED]  
DOB: [REDACTED]  
Gender: F

TEST	RESULT			
	IN RANGE (Normal)	EQUIVOCAL*	OUT OF RANGE	REFERENCE (ELISA Index)
<b>Array 4 – Gluten-Associated Cross-Reactive Foods and Foods Sensitivity **</b>				
<b>GLUTEN-CONTAINING/GLUTEN-CONTAMINATED</b>				
Rye, Barley, Spelt, Polish Wheat	0.50			0.4-1.4
Instant Coffee	0.94			0.3-1.9
<b>GLIADIN CROSS-REACTIVE FOODS</b>				
Cow's Milk	0.17			0.1-1.3
Alpha-Casein + Beta-Casein	0.57			0.1-1.7
Casomorphin	0.51			0.2-1.6
Milk Butyrophilin	0.76			0.2-1.8
Whey Protein	0.26			0.1-1.3
Milk Chocolate	0.36			0.1-1.4
Yeast	0.49			0.2-1.2
Oats	0.56			0.2-1.0
Millet	0.35			0.3-1.5
Rice	0.80			0.4-1.6
Corn	0.59			0.3-1.4
<b>NEWLY-INTRODUCED AND/OR OVER-CONSUMED ON GLUTEN-FREE DIET</b>				
Buckwheat	0.50			0.4-1.3
Sorghum	0.55			0.3-1.2
Hemp	0.45			0.3-1.5
Sesame	0.69			0.1-1.3
Amaranth	0.96			0.2-1.3
Quinoa	0.33			0.5-1.5
Tapioca		0.83		0.1-1.1
Teff	0.53			0.2-1.1
Potato	0.69			0.6-1.4
<b>COMMON ANTIGENIC FOODS</b>				
Egg, Raw + Cooked	0.55			0.2-1.7
Soy	0.96			0.5-1.5

\*\* All analytes are tested for IgG and IgA combined.

\* Reference ranges are calculated based on the mean  $\pm 2$  standard deviations (SD). Results  $> 1$  SD, and  $< 2$  SDs above the mean are considered to be equivocal. An equivocal result represents the range between negative and suspicious low positive results. Results  $> 2$  SDs are considered out of range, and positive.

Mark G. Kartub, M.D., Medical Director

Cyrex Laboratories is certified under the Clinical Laboratory Improvement Amendments of 1988 ("CLIA") as qualified to perform high-complexity clinical testing. Test result data on its own does not constitute a diagnosis. Only a physician or qualified healthcare professional should interpret the significance of a clinical lab test or make a diagnosis. This test was developed and its performance characteristics determined by Cyrex Laboratories, LLC. The names and titles of tests and arrays are for reference purposes only.